

Breakfast Menu

Served daily 7am – 9.30am booked in timeslots on a first come first served basis

Breakfast is served in the Main Dining Room

Drinks

Coffee - Decaf Coffee - Tea - Speciality Teas - Hot Chocolate – Glass of Milk (Soya Milk Available)

Orange Juice – Apple Juice – Cranberry Juice

Fruit, Yogurt and Breads

Yogurt, Compote and Granola Bowl – Grapefruit Segments – Prunes – Fruit Salad

Freshly Baked Croissants – Freshly Baked Rolls (GFO) – White or Granary Toast (GFO)

Cereals

Cornflakes (GFO) – Crunchy Nut Cornflakes – Fruit and Fibre – Weetabix – Muesli – Porridge (GFO)

Preserves and Condiments

Butter – Vegan Spread – Marmalade – Honey – Strawberry Jam – Raspberry Jam – Blackcurrant Jam

Chocolate Spread – Marmite - Tomato Ketchup – Brown Sauce

COOKED BREAKFAST

Please choose from one of the following

Full English (GFO)

Kittows Cornish Sausage, Bacon, Cornish Free-Range Egg (Fried, Scrambled or Poached)

Mushrooms, Baked Tomato, Hash Brown and Heinz Baked Beans

~~~OR~~~

#### **Full Vegan (VE / VO)**

Vegan Sausage, Mushrooms, Baked Tomato, Hash Brown, Heinz Baked Beans and Wilted Spinach

(Add an egg to make it a Full Vegetarian)

~~~OR~~~

Smoked Salmon and Scrambled Eggs with a Toasted English Muffin